



Portland North Primary School

.. is a child safe school

NEWSLETTER ... *Thursday 16th November, 2023*

...DATES...

School arrival time: 8:40
(earlier by arrangement with Cate)

- **27-30 November**
5/6 Ballarat Camp



...DECEMBER...

- **Monday 11th Dec**
G6 Big Day Out
- **Wed 13th Dec** ★
Grade 6
Graduation
- **Friday 15th Dec**
Reports sent home
Assembly & raffle drawn
- **MONDAY 18th DEC**
Last day of classes
- **Tuesday 19th Dec**
Curriculum Day
- **Wednesday 20th**
Clean-up day

Principal's Message...

We can't believe that we're beginning the count down to the end of another very busy year. It has been such a busy term, and we are very aware that the children are becoming a little tired and beginning to think about the changes coming up as they transition into 2024. **We are about to start class placements, so next week will be your last opportunity to see me about classes for next year.**

We are in the middle of our school review this week and thank you to the parents who joined the Review Panel on Wednesday to share their perceptions and reflections of our school. The Review Panel have met with all the teachers and ES staff, and many of the children. They have observed all the classes and reviewed our progress and data.

On Friday we will collate all the information we have gathered to develop the School Strategic Plan for the coming 4 years. I will look forward to sharing those plans with you before the end of the year.

As part of our review, we have updated our school's **Student Engagement and Wellbeing Policy**. You can view the Policy on our school website (follow the link)

<https://www.portlandnorthprimary.com.au/policies/student-wellbeing-and-engagement-policy/>

to review our current policy. We invite you to offer us any feedback or suggestions that you feel might help us improve the work we do here at school.

Also, as part of the review process, we have updated our **Emergency Management Plans to reflect our school's nomination as a BARR (category 3) Fire Risk School**. The Education Department's bushfire risk management advice and guidelines are attached with this newsletter, and it includes information about our risk management processes, particularly in relation to school closures when a Catastrophic fire danger rating has been declared in our district. All communications about fire risks and our emergency responses will be made to families via Compass and SMS messages.

Consequently, it is extremely important that we have current emergency contact details for every child at school.



Principal Mrs. Cate Elshaug **Address** 42 School Road, Portland North, VICTORIA 3305
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email: portland.north.ps@education.vic.gov.au **website:** www.portlandnorthprimary.com.au

We had a **recent focus on school uniforms** and reminding the children about what is (and isn't) appropriate uniform. We are aware that there has been some uniform 'fashion trends' creeping in, and we really appreciate your supportive response in making sure children are all wearing the correct uniform. We are also aware that it is nearly the end of the year, particularly for our graduating Year 6 children, and we don't expect any new uniforms to be purchased – just that children are wearing the uniform we know they have at home.

We have a lovely uniform when it is worn and encourage everyone to support us in making sure our children look neat, tidy and wearing our agreed uniform.



We are very excited to welcome our 2024 prep children to school on Monday. This will be the first of 4 visits, and we know they will be as excited as us to be here. Our Year 6 students are also becoming both excited and a little nervous about their transition to secondary school, and we'll continue to support them in preparing for the big changes they are about to experience.

Our Year 5/6 children are off to camp on November 27th. We hope they have a wonderful time at Sovereign Hill and we look forward to seeing all their facebook updates throughout their week away.

Finally – **we would REALLY LOVE some more cubby sticks if you happen to have them lying around.** There is no such thing as too many cubby sticks, so we'd really appreciate any contributions – just dump them along the north fence at any time!



Cate

SEMESTER REPORTS

...All children will take home their Semester 2 report on Friday 15th December.



Parents wishing 2 copies of a report must notify their child's classroom teacher. Thanks

play **nice.**

work **hard.**

stay **kind.**

BOOK CLUB DUE ...Tuesday 28th November

PNPS STUDENT APPRECIATION AWARD



TRUST FORGIVENESS INTEGRITY HOPE COMPASSION

| Grade | Name | Grade | Name |
|------------|-------------------------------|------------|-------------------------------|
| Prep Carly | Sean Augunus & Carter Atwell | 3/4 Julia | Jade Brewster & Hudson Adams |
| 1/2 James | Andre Chequer & Violet McCabe | 3/4 Erin | Isla Edkins & Jasmine Roberts |
| 1/2 Sam | Tabor Jones & Jesse Keiller | 5/6 Dylan | Jude Readett & Max Malseed |
| other | Miller Barker | 5/6 Hayley | Koby Cracknell & Brok Martyn |



This week I offer my appreciation to

Essie Barker

...you have a wonderful positive attitude with your classmates, thanks for always encouraging your classmates in their learning journey

EMBRACE YOUR UNIQUENESS – 10 Ways to love the skin you're in!

Confidence is like a muscle that needs exercise, and we all know how interactions, big or small, can shape our feelings about ourselves. I've faced bullies and struggled with society's beauty standards, but I've also discovered ways to build confidence and embrace self-love.

Here are 10 tips to help you on your journey:

1. **Media Awareness:** Understand that media doesn't always promote body positivity. Everyone is unique, and that's something to celebrate. Focus on feeling comfortable in your own skin.
2. **Positive Surroundings:** Surround yourself with positive influences—whether it's friends, family, or an online community. Seek out at least three online sources that spread positivity, and let their messages boost your confidence.
3. **Invest in Yourself:** Take time for self-investment. Free your mind from negativity and remember that you can achieve anything you set your mind to. Treat yourself well, and watch it pay off.
4. **Handle Critics with Kindness:** Criticism can be tough, but understanding where it comes from can help. Some people bring others down due to their insecurities. Respond with kindness, and it might just turn things around.
5. **Take Risks:** Putting yourself out there can be scary, but it's essential for personal growth. Don't be afraid of critics; they often feel inferior or intimidated. Be kind, stay true to yourself, and let negativity fade away.
6. **Stop Comparing:** Comparisons lead to unnecessary stress. Everyone's journey is unique, and focusing on your own path will bring greater satisfaction.
7. **Embrace Creativity:** Be creative, and let it boost your confidence. Creativity allows you to express yourself without worrying about right or wrong. Find your own way and make it uniquely yours.
8. **Perception Matters:** You have the power to perceive situations positively. Make peace with things you can't change and focus on creating a better future. Confidence grows when you realize you hold the power in challenging situations.
9. **Be Kind to Yourself:** You are your own worst critic. Don't dwell on flaws; instead, appreciate your uniqueness. Realize that others likely don't notice the tiny details you criticize about yourself.
10. **Count Your Blessings:** Remember, beauty is more than skin-deep. Count your blessings for what you have, and you'll care less about what you don't.

Let's embrace our uniqueness and love the skin we're in!

Brenda Oxford. BFF Studios Portland



BFF STUDIOS CHRISTMAS SPECIALS

SPECIAL 1

For every month purchased, receive an extra week
Minimum 3 months. E.g. purchase 3 months, get 3 extra weeks

SPECIAL 2

Purchase a 6 month membership and receive a free upgrade
E.g. purchase a Silver membership and be upgraded to a Gold membership for no extra cost

SPECIAL 3

Purchase a 10 session pack either Group Sessions or Semi Private Reformer sessions and receive 2 sessions free
Valid for a period of 12 weeks starting from the date you attend your first session

Christmas specials only available until 24th December 2023



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Where's ya wheelie bin?

Phillip and Lisa Newton

Commercial & domestic rubbish
removal, green waste &
party bin hire



email finwaste@optusnet.com.au

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Mobile 0419324664

Portland North Primary School



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