



Portland North Primary School

... is a child safe school

NEWSLETTER ... *Thursday 25 May, 2023*



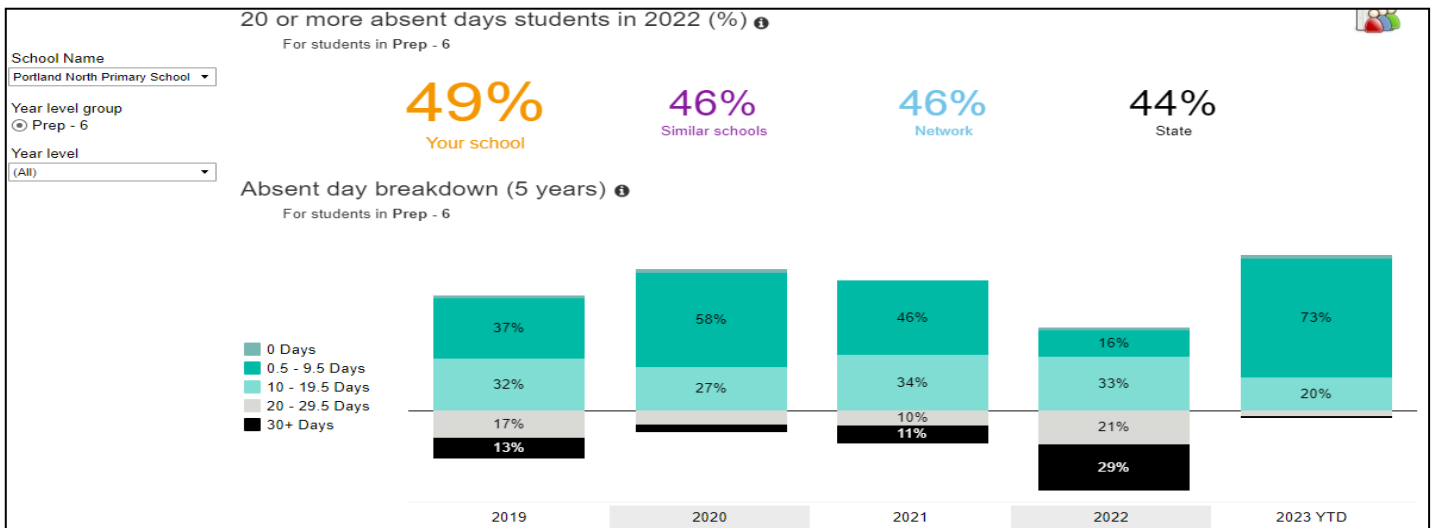
Principal's Message...

Thank you so much to our Parents Club for the lovely **Mother's Day breakfast** they hosted for us. It was wonderful to see so many of our mothers, grandmothers and carers here to help us celebrate all the things you do for your children and our school. We also really appreciate the extraordinary catering donations from Woolworths and Aldi; it was a beautiful sunny morning, the breakfast was delicious and everyone's company was a delight. The bar has been set now; the challenge begins to find something special for our dads on Father's Day!

Our **2022 Annual Report** is complete and published on our school's website. The report summarises our 2022 achievements, areas for growth, specific data sets and our financial position and I encourage all of you to access and read it. If you would like a hard copy of the report, you are very welcome to come in to the office and pick one up. As always, if you'd like to discuss or ask questions about anything in the report, you are very welcome to come in and make a time to meet with me.

Last week several of our students represented our area in the **regional Cross-Country competition in Warrnambool**. Ella Nelson, Lilly Johnson, Koby Cracknell, Hunter Barker and Zayne Medina all participated, representing us so well with their sportsmanship and effort. They all did their very best and we congratulate Koby Cracknell, who has now qualified for the state level competition. We wish him the best of luck!

Like all schools, we are constantly monitoring our student attendance, making sure we provide children and families with every support we can provide to ensure that children are at school, learning and connecting with their peers. We are all also under some pressure from DET to make sure we are coding our absences correctly to make sure we reduce the number of unexplained absences – hence the daily phone calls from Di to check in on why a child might be absent. It is also expected that I monitor the reasons behind absences to ensure we are doing everything we can to support and encourage school attendance; research proves that there is a strong correlation between high school attendance and school success. Having said all that, there is also a lot of illness going through all schools at the moment, and we appreciate your care in keeping sick children at home to minimise the spread of illness. Here is our current data, in relation to previous years – much better than last year to date so good job to us all!



Thank you also to those families who have been in to pay the **school fees for the year. We are now up to 25% of families**, which is an improvement but a long way from ensuring that the resources and programs we provide because of your financial contribution. As of 2022, schools are no longer able to send families an invoice, so we are all relying on families coming into our offices to request a statement and pay the invoice. We really do rely very heavily on the financial contribution families make to our school, so we invite you to pop into the office any time to make your payment. We'd love to reach **40% of payments made before the end of the term** 😊

We'd like to find out how many of you would access an **Out of Hours School Care** program here at PNPS. Please follow the link below, or use your phone to access the QR Code to complete a quick survey. We'd love to provide this service to you all if there is enough demand.
<https://forms.gle/kvaYBCuxcniTHHNc8>



A group of our Senior school children represented us in the **interschool sports day on Tuesday** – they played netball, football and T-ball, and as always, made us very proud of their participation and great sportsmanship. Our netball team played valiantly, often against players who seemed twice as big as they were, and persisted to win one of their games. Our T-ball team played really well too, winning four of their six matches. Our football team had a great day out, winning all five of their games and going on to represent our area in the regional competition in a few weeks' time. Regardless of how many games were won or lost, what I was most proud of was their great sportsmanship, their respectful interactions with children from other schools, and their willingness to swap teams so that the opposition had enough players.



- ## ... DATES ...
- School arrival time: 8:40**
(earlier by arrangement with Cate)
- **Mon 29 – Fri 2 June**
RECONCILIATION WEEK
 - **Tuesday 30 May**
Cultural Performance
 - **Tues 30 – Wed 7 June**
Somers Camp
 - **Thursday 1st June**
5/6 Excursion
 - **Tues 6 – Thurs 8 June**
Grade 3/4 W'bool Camp
 - **Monday 12th June**
Kings B'day Public Holiday
 - **Tuesday 13 June**
Curriculum Day
no students at school
 - **Friday 23 June**
Last Day Term2
 - **NAIDOC 2-9 July**
...during the holidays, our celebration day July 14th



PNPS STUDENT APPRECIATION AWARD

TRUST FORGIVENESS INTEGRITY HOPE COMPASSION



Grade	Name	Grade	Name
Prep Carly	Kobey Newport Ronan Desmoulin	3/4 Julia	Cooper Godfrey
1/2 Damien	Chloe Vincec & Ava Lindsey	3/4 Erin	Taylah Doueal & Jasmine Roberts
1/2 Sam	Ivy O'Brien & Xander Mills	5/6 Dylan	Jude Readett & Max Medley
other	Lucas Presley	5/6 Hayley	Toby King & Poppy Malseed



This week I offer my appreciation to
Cody J.K and his helper 😊 Miss Hayley
 ...well done to our two Book Fair Fairies, thanks for all your extra time, care and organisation with our schools Book Fair, we all really appreciate you both...x



grade 1/2
party, so
much fun!



football



MATES IN MAY WIN! WIN! WIN! WIN! WIN!

Go into the draw to win
one month gold membership
& 4 semi private reformer sessions
when your "mate" attends a BFF class in May!
Not only will you go into the draw to win this amazing prize
but your "mate" will also go into the draw!
Not a member? No problem!
Simply book in via XODA or our website
and attend a BFF class in May
and you will go into the draw too!
There is no limit to how many times you can go into the draw!

BFF Studios
36 Percy Street
Portland Vic 3305
bffstudiosportland@gmail.com

Bookings essential
To book, call 0417 341 510 or
text 0485 868 490 or
www.bffstudiosportland.com

netball



Why not exercise with a Mate?

Exercising with a mate can make it more fun and increase your chances of sticking to your exercise plan. It's a great way to keep you motivated and to meet new people. It can help keep you accountable.

Sometimes it's not motivation, or even time, that keeps you from exercising, it's lack of Structure. Knowing when to go, where to go and what to do. You and your exercise mate can support each other and hold each other accountable. If one of you gets unmotivated, the other can help to re-motivate the other. You'll find on the days you "can't be bothered" you'll turn up because you don't want to let your mate down so instead of deciding to sleep in or skip it, you'll get up and get going and meet your mate. That extra level of accountability increases your odds of success.

Exercise can be fun if you have someone to laugh with as you work on your fitness, you'll have more positive emotions related to exercise and you'll stop dreading it. Depending on when and where you like to exercise, having a friend with you can keep you safe. Sometimes it's just interacting with people outside of school/work. Having an exercise buddy can give you the opportunity to talk about personal interests, exercise allows you to step away from the responsibilities of life and enjoy some time to work on your social well-being. Working together towards a common goal can help you both have something to look forward to celebrating. If we can enjoy our successes with others, it goes back to the idea of making things fun and achieving a goal you and a mate have set. Find an activity you enjoy and invite your mate to try something new. Changing things up can also support the goal of making exercise fun.

t-ball



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Portland North Primary School



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we have two spots
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